**WHAT IS THE VAKS PROGRAMME?**



We are inviting **YOU** to be part of Knock Shrine and volunteer for one or more weekends throughout the summer. Over the weekend you will meet new people, welcome pilgrims and help the people who visit Knock.

The Volunteer @ Knock Shrine programme is for all people over 16 years old. It is an opportunity for you to serve the pilgrims at Knock Shrine. Over 1.4 million people visit Knock Shrine every year from home and abroad. It is a special place of prayer and pilgrimage.

**WHY VOLUNTEER?**

* Volunteering can add a great deal to your life and to the lives of those you are working with.
* It also gives you the chance to try out something different to your ‘everyday’ job.
* To form new friendships
* To develop/acquire interpersonal skills
* To have fun!
* To enhance your skillset/experience for University and employment
* To share your talents
* To receive recognition for your voluntary hours of service through the John Paul II awards
* To give something back
* To make a difference in the lives of others
* To obtain training in areas such as Child Safeguarding and Protection and/or First Aid
* Volunteering provides many benefits to both mental and physical health

**HOW DOES IT WORK?**

You will need to attend training days at Knock before you can volunteer, training includes the following:

* Communication skills
* Manual Handling
* Basic First Aid
* Child Protection
* Youth Ministry
* Team Building
* Prayer & Reflection
* Liturgy & Spirituality of Knock Shrine
* The Story of Knock
* Sign Language

Training will run the **19th & 26th of June** from 2-7pm. Training is essential to take part in the VAKS programme. You can then choose weekends that you would be available to volunteer for. **Training dates are compulsory to be part of this programme. If necessary alternative dates will be available for leaving cert students**

Application Form

PLEASE FILL IN BLOCK CAPITALS

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Gender: Male Female

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Mobile: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E: Mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Hoodie Size: XS S M L XL

Have hoodie from last year

**Have you volunteered before? If yes, please give a brief description of the work involved**

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**Why do you want to volunteer at Knock?**

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**What are your gifts & talents?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Tell us more about yourself? Hobbies etc.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**REFERENCES**

Please provide the name of two people whom Knock Shrine can contact for a reference (not relatives):

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E: mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E: mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*I declare that the above information is true and I am fit to serve as a volunteer*

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_